



## Your Disability Benefit Claim

We realize that being disabled is difficult. Even though you are unable to work, your financial obligations don't go away. To help you through these difficult times, your employer has purchased "employer-paid" Long Term Disability (LTD) coverage for you. If you were eligible, enrolled, and have paid the required premiums, you may also have "employee-paid" LTD coverage through Standard Insurance Company.

This packet contains the forms to apply for LTD benefits under the WA Health Care Authority group policy for the Public Employees Benefits Board (PEBB) Program. It also addresses common questions about benefit claims. Please save this information for future reference.

## How To Apply For Benefits

The Long Term Disability Benefits application includes claim forms and an Authorization.

### 1. The Employee's Statement

- Answer every question completely. Be sure to use the appropriate section for injury, sickness or pregnancy. If a question does not apply to you write "NA".
- Use an additional page, if necessary, to give full and complete answers.
- Attach copies of any Social Security, Public Employees Retirement System, Workers' Compensation, TIAA/ CREF, or Higher Education Retirement Plan, Labor & Industries, Shared Leave, Sick Leave or other benefit determinations you have received. This information is needed to accurately calculate your monthly benefits. If you are unable to make copies of these documents please send the originals. We will photocopy and return them to you promptly.
- Remember to sign and date your statement. **An unsigned or undated statement will be returned to you.**

### 2. The Authorization to Obtain and Release Information The Authorization to Obtain and Release Psychotherapy Notes

- Please sign and date the Authorization to Obtain and Release Information and attach it to the Employee's Statement. Your signature lets Standard Insurance Company get the information about you that we need to determine your eligibility for benefits. The Authorization to Obtain and Release Information also lets The Standard release this information to specific persons.

If you have seen or been treated by a Psychiatrist, Psychotherapist, Psychologist, Clinical Social Worker (MSW, MCSW, etc.), or any other provider of treatment for a mental condition, please sign and return the Authorization to Obtain and Release Information **and** the Authorization to Obtain and Release Psychotherapy Notes.

**You will receive copies of these Authorizations upon your request.**

### 3. The Attending Physician's Statement

- **Part A** should be completed by you.
- **Part B** should be completed by your physician. **If you have seen more than one physician for your disability, a statement should be completed by each physician.** You may request additional forms from your employer. Your physician(s) should mail the completed form directly to The Standard.

### 4. The Employer's Statement

- This form should be completed by your employer, who will mail it to The Standard.

**You are responsible for making sure all required forms are completed and returned to our office.** Note: After the completed forms are received and evaluated by The Standard, further information may be necessary to make a decision on your claim. If so, we will notify you with details. Should you have any questions, our office is here to assist you.

### Long Term Disability Benefit Amount

If your LTD claim is approved, and you continue to be disabled as defined by the group policy, benefits under the employer-paid plan and employee-paid plan are payable after you have served the longest of the following: a) 90 days; b) The entire period of sick leave (excluding shared leave) for which the employee is eligible; c) The Fractionated Period of Paid Time Off (PTO) for which the employee is eligible, if your Employer has a PTO Plan, as those terms are defined in the policy; d) The entire period of other non-vacation salaried continuation leave for which the employee is eligible; or e) The end of Washington Paid Family and Medical Leave for which the employee is receiving benefits.

LTD benefits under the employer-paid plan are paid monthly at 60 percent of the first \$400 of your predisability earnings, up to a monthly maximum benefit of \$240, reduced by deductible income, including but not limited to PERS, sick leave, salary continuation (including shared leave), Social Security, Labor & Industries benefit, and a portion of your earnings from work (if working while disabled).

If you are insured under the employee-paid plan, employee-paid LTD benefits are paid monthly at 60 percent or 50 percent of your predisability earnings (up to a monthly maximum benefit of \$10,000 or \$8,333), reduced by deductible income, including but not limited to PERS, sick leave, salary continuation (including shared leave), Social Security, Labor & Industries benefit, and a portion of your earnings from work (if working while disabled). This plan has a minimum benefit of \$100 or 10 percent of the LTD benefit, whichever is greater.

**It is your responsibility to notify The Standard if you receive income from other sources, including deductible income as specified above.**

**There may be an overpayment on your claim if The Standard is not promptly informed that you are receiving income from other sources (deductible income). Any overpayment must be repaid in full to The Standard.**

### Pre-existing Conditions

Your LTD coverage has a preexisting condition exclusion that may affect your entitlement to benefits if you have not been insured under the State of Washington group policy for at least 12 months. The exclusion may apply if:

- 1) you consulted a physician, received medical treatment or services, or took prescribed drugs or medications for a condition during the 90 days before the effective date of your LTD insurance; and
- 2) this condition (called a preexisting condition), or the medical or surgical treatment of this condition, caused or contributed to the condition for which you are filing a claim. Please consult your Certificate of Insurance for additional information regarding this or other exclusions and limitations that may apply.

### Payment of Benefits

If you qualify for LTD benefits, your monthly benefit checks will be mailed directly to the mailing address you provide to us. Your benefit check can also be directly deposited via electronic funds transfer into your bank account. If you are interested in this payment option, please contact the The Standard Benefits Analyst assigned to your claim. Benefits are paid monthly at the end of each monthly benefit period.

### Tax Information

LTD benefits issued under the employer-paid plan are subject to Federal and State taxes because the premiums are paid by your employer.

LTD benefits issued under the employee-paid plan are subject to Federal and State taxes because the premiums are paid by both you and your employer.

**For specific tax information and advice you should consult your tax professional.**

### Questions

For specific information about your LTD coverage, please refer to your *PEBB LTD Employee Booklet (Certificate of Insurance)*. The group policy is the ultimate authority for all claims decisions. If you do not have an LTD booklet, visit the PEBB Program LTD webpage at [hca.wa.gov/LTD](http://hca.wa.gov/LTD) to download a copy or contact your employer to request one.

If Standard Insurance Company can be of service to you as you file your claim, please feel free to contact us at 1-800-368-2860. We look forward to working with you.

Please type or print. Form may be returned for unanswered questions.

1. Employee/Claimant

Full Name \_\_\_\_\_ Social Security No. \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_  
Phone No. (\_\_\_\_) \_\_\_\_\_ Email \_\_\_\_\_  
Birthdate \_\_\_\_\_ Sex Assigned at Birth  Male  Female Gender Identity \_\_\_\_\_  
Name of Spouse \_\_\_\_\_ Birthdate \_\_\_\_\_  
No. of Dependent Children \_\_\_\_\_ Birthdate of Youngest \_\_\_\_\_ Preferred language \_\_\_\_\_  
Did you receive a PEBB LTD Employee Booklet (Certificate of Insurance)?  Yes  No If no, please contact your employer to obtain a copy.

2. Employment

Name of Employer **WA Health Care Authority - Public Employees Benefits Board (PEBB) Program** Group Policy No. **377661**  
Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_  
Phone No. (\_\_\_\_) \_\_\_\_\_  
State your job title and describe your duties at work.  
  
Is your disability work-related?  Yes  No Date of Injury \_\_\_\_\_  
Have you filed a Workers' Compensation claim?  Yes  No If yes, W.C. claim number \_\_\_\_\_  
Last full day at work \_\_\_\_\_  
Date you became unable to work at your occupation as a result of disability \_\_\_\_\_  
Are you now working at, or have you worked at, your occupation or any other occupation since the date of your injury?  Yes  No  
If yes, list names of employers, addresses, telephone numbers, and dates of employment.  
  
Are you self-employed at any activity?  Yes  No  
Date you resumed part-time work \_\_\_\_\_ Work Phone (\_\_\_\_) \_\_\_\_\_ Extension \_\_\_\_\_  
Date you resumed full-time work \_\_\_\_\_ Work Phone (\_\_\_\_) \_\_\_\_\_ Extension \_\_\_\_\_

3. Sickness Please list all illnesses which contribute to your being unable to work at your occupation.

Illness \_\_\_\_\_ Date First Noticed \_\_\_\_\_  
Illness \_\_\_\_\_ Date First Noticed \_\_\_\_\_  
State what you believe caused your illness.  
  
Describe your symptoms \_\_\_\_\_  
Have you ever had the same condition or a related illness before?  Yes  No Date \_\_\_\_\_

Employee/Claimant's Name \_\_\_\_\_

**4. Injury**

Describe Injuries \_\_\_\_\_  
Cause of Injuries \_\_\_\_\_  
Time, Date and Location of Injuries.

**5. Pregnancy**

Date you expect to cease work \_\_\_\_\_ Expected delivery date \_\_\_\_\_ Actual delivery date \_\_\_\_\_  
Type of delivery \_\_\_\_\_ Expected return to work date \_\_\_\_\_  
Please indicate any foreseeable complications.

**6. Attending Physician** *List all physicians consulted for this injury or illness. Use separate sheet, if needed.*

**Physician's Name** \_\_\_\_\_ Specialty \_\_\_\_\_ Phone No. (\_\_\_\_) \_\_\_\_\_  
Street Address \_\_\_\_\_ Fax No. (\_\_\_\_) \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_  
Date first consulted for this injury or illness \_\_\_\_\_ Date last consulted \_\_\_\_\_

**Physician's Name** \_\_\_\_\_ Specialty \_\_\_\_\_ Phone No. (\_\_\_\_) \_\_\_\_\_  
Street Address \_\_\_\_\_ Fax No. (\_\_\_\_) \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_  
Date first consulted for this injury or illness \_\_\_\_\_ Date last consulted \_\_\_\_\_

**Physician's Name** \_\_\_\_\_ Specialty \_\_\_\_\_ Phone No. (\_\_\_\_) \_\_\_\_\_  
Street Address \_\_\_\_\_ Fax No. (\_\_\_\_) \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_  
Date first consulted for this injury or illness \_\_\_\_\_ Date last consulted \_\_\_\_\_

**7. Hospital** *If you were hospitalized for this condition, please complete. Please attach copy of hospital bill if available.*

Hospital Name \_\_\_\_\_ Address \_\_\_\_\_  
From \_\_\_\_\_ Through \_\_\_\_\_ Reason for Hospitalization \_\_\_\_\_  
From \_\_\_\_\_ Through \_\_\_\_\_ Reason for Hospitalization \_\_\_\_\_

**8. History** *List all illnesses or injuries for which you have received treatment over the past five years. Use separate sheet if needed.*

Ailment	Date	Physician's Name	Complete Address

Employee/Claimant's Name \_\_\_\_\_

**9. Deductible Income/Benefits From Other Sources**

Your Group Disability plan is designed so that the income you receive from Standard Insurance Company and other sources (e.g., Social Security, Workers' Compensation, retirement system, and other income or benefits as described in your Group Policy as deductible income or benefits) combined will provide you with a percentage of predisability earnings, as defined in your Group Policy. Please review your Group Policy to determine how receipt of or eligibility for deductible income or benefits may impact your disability benefits. Please review your obligation to keep Standard Insurance Company informed of your application for and receipt of deductible income or benefits. Additionally, your Group Policy may allow Standard Insurance Company to reduce your disability benefit by estimated deductible income or benefits you are eligible to receive even if you have not applied for them. If your Group Policy states that Social Security benefits will be "deemed payable" even if not received, we will deduct from your disability benefit an estimated Social Security benefit for you and your dependents, based on your Social Security wage record. Please also understand that when deductible income or benefits are awarded you may receive a retroactive award (earlier date) and payment. This retroactive payment may result in an overpayment of your disability benefits because you would receive deductible income or benefits for a period during which you already have received disability benefits from Standard Insurance Company.

Have you applied for or are you receiving benefits from:	Applied		Receiving		Date Applied For	Amount Received		Effective Date
	Yes	No	Yes	No		Weekly	Monthly	
a. Social Security _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>				
b. Labor & Industries Claim No. _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>				
c. Shared leave and/or sick pay <i>Please specify</i> _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>				
d. Retirement or Pension (Employer, PERS, WSTRS, TIAA-CREF, etc.) <i>Please specify type</i> _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>				
e. Washington Paid Family and Medical Leave	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>				
f. Other _____ (e.g., unemployment or union benefits, etc.)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>				

**10. Vocational** Complete the following and/or attach a resume.

Education level	Yes	No	If no, last grade attended.	
Grade School Graduate	<input type="checkbox"/>	<input type="checkbox"/>		
High School Graduate	<input type="checkbox"/>	<input type="checkbox"/>		
GED	<input type="checkbox"/>	<input type="checkbox"/>		
College Graduate	<input type="checkbox"/>	<input type="checkbox"/>	Degree	Major
Post Graduate	<input type="checkbox"/>	<input type="checkbox"/>	Degree	Major

Have you attended any trade schools or received other special training?  Yes  No If yes, please describe.

**Work Experience:** Complete the following starting with your most recent work experience.

Job Title & Employer	Dates of Employment	Duties	Last Salary
1.	From: To:		
2.	From: To:		
3.	From: To:		
4.	From: To:		
5.	From: To:		

**11. Acknowledgement**

I hereby certify that the answers I have made to the foregoing questions are both complete and true to the best of my knowledge and belief. I acknowledge that I have read the applicable fraud notice on page 6 of this form.

Signature \_\_\_\_\_

Date \_\_\_\_\_

Some states require us to provide the following information to you:

**ALABAMA, MARYLAND AND RHODE ISLAND RESIDENTS**

Any person who knowingly or willfully presents a false or fraudulent claim for payment of a loss or benefit or who knowingly or willfully presents false information in an application for insurance is guilty of a crime and may be subject to fines and confinement in prison.

**CALIFORNIA RESIDENTS**

For your protection, California law requires the following to appear on this form: Any person who knowingly presents a false or fraudulent claim for the payment of a loss is guilty of a crime and may be subject to fines and confinement in state prison.

**COLORADO RESIDENTS**

It is unlawful to knowingly provide false, incomplete or misleading facts or information to an insurance company for the purpose of defrauding or attempting to defraud the company. Penalties may include imprisonment, fines, denial of insurance, and civil damages. Any insurance company or agent of an insurance company who knowingly provides false, incomplete, or misleading facts or information to the policyholder or claimant for the purpose of defrauding or attempting to defraud the policyholder or claimant with regard to a settlement or award payable from insurance proceeds shall be reported to the Colorado division of insurance within the department of regulatory agencies.

**DISTRICT OF COLUMBIA RESIDENTS**

**WARNING:** It is a crime to provide false or misleading information to an insurer for the purpose of defrauding the insurer or any other person. Penalties include imprisonment and/or fines. In addition, an insurer may deny insurance benefits, if false information materially related to a claim was provided by the applicant.

**FLORIDA RESIDENTS**

Any person who knowingly and with intent to injure, defraud or deceive an insurance company, files a statement of claim or an application containing false, incomplete or misleading information is guilty of a felony of the third degree.

**NEW JERSEY RESIDENTS**

Any person who knowingly files a statement of claim containing any false or misleading information is subject to criminal and civil penalties.

**NEW YORK RESIDENTS**

Any person who knowingly and with intent to defraud any insurance company or other person files an application for insurance or statement of claim, containing any materially false information, or conceals for the purpose of misleading, information concerning any fact material thereto, commits a fraudulent insurance act, which is a crime, and shall also be subject to civil penalty not to exceed five thousand dollars and the stated value of the claim for each such violation.

**PENNSYLVANIA RESIDENTS**

Any person who knowingly and with intent to defraud any insurance company or other person files an application for insurance or statement of claim containing any materially false information or conceals for the purpose of misleading, information concerning any fact material thereto commits a fraudulent insurance act, which is a crime and subjects such person to criminal and civil penalties.

**ALL OTHER RESIDENTS**

Some states require us to inform you that any person who knowingly and with intent to injure, defraud or deceive an insurance company, or other person, files a statement containing false or misleading information concerning any fact material hereto commits a fraudulent insurance act which is subject to civil and/or criminal penalties, depending upon the state. Such actions may be deemed a felony and substantial fines may be imposed.

## Authorization to Obtain and Release Information

Employer/Policyholder Name WA Health Care Authority - Public Employees Benefits Board (PEBB) Program Group Policy Number 377661

**I AUTHORIZE THESE PERSONS** having any records or knowledge of me or my health:

- Any physician, medical practitioner or health care provider.
- Any hospital, clinic, pharmacy or other medical or medically related facility or association.
- Kaiser Permanente.
- Any insurance company or annuity company.
- Any employer, policyholder or plan sponsor.
- Any organization or entity administering a benefit or leave program (including statutory benefits) or an annuity program.
- Any educational, vocational or rehabilitation counselor, organization or program.
- Any consumer reporting agency, financial institution, accountant, or tax preparer.
- Any government agency (*for example, Social Security Administration, Public Retirement System, Railroad Retirement Board, Workers' Compensation Board, etc.*).

**TO GIVE THIS INFORMATION:**

- Charts, notes, x-rays, operative reports, lab and medication records and all other medical information about me, including medical history, diagnosis, testing and test results. Prognosis and treatment of any physical or mental condition, including:
  - Any disorder of the immune system, including HIV, Acquired Immune Deficiency Syndrome (AIDS) or other related syndromes or complexes.
  - Any communicable disease or disorder.
  - Any psychiatric or psychological condition, including test results, but excluding psychotherapy notes. Psychotherapy notes do not include a summary of diagnosis, functional status, the treatment plan, symptoms, prognosis and progress to date.
  - Any condition, treatment, or therapy related to substance abuse, including alcohol and drugs.

**and:**

- Any non-medical information requested about me, including such things as education, employment history, earnings or finances, return to work accommodation discussions or evaluations, and eligibility for other benefits or leave periods including, but not limited to, claims status, benefit amount, payments, settlement terms, effective and termination dates, plan or program contributions, etc.

**TO STANDARD INSURANCE COMPANY, THE STANDARD LIFE INSURANCE COMPANY OF NEW YORK, THE STANDARD BENEFIT ADMINISTRATORS AND THEIR AUTHORIZED REPRESENTATIVES (referred to as "The Companies", individually and collectively), AND MY EMPLOYER'S ABSENCE MANAGEMENT PROGRAM ADMINISTRATOR ("Absence Manager").**

- I acknowledge that any agreements I have made to restrict my protected health information do not apply to this authorization and I instruct the persons and organizations identified above to release and disclose my entire medical record without restriction.
- I understand that each of The Companies and Absence Manager will gather my information only if they are administering or deciding my disability or leave of absence claim(s), and will use the information to determine my eligibility or entitlement for benefits or leave of absence.
- I understand that I have the right to refuse to sign this authorization and a right to revoke this authorization at any time by sending a written statement to The Companies and Absence Manager, except to the extent the authorization has been relied upon to disclose requested records. A revocation of the authorization, or the failure to sign the authorization, may impair The Companies and Absence Manager's ability to evaluate or process my claim(s), and may be a basis for denying or closing my claim(s) for benefits or leave of absence.
- I understand that in the course of conducting its business The Companies and Absence Manager may disclose to other parties information about me. They may release information to a reinsurer, a plan administrator, plan sponsor, or any person performing business or legal services for them in connection with my claim(s). I understand that The Companies and Absence Manager will release information to my employer necessary for absence management, for return to work and accommodation discussions, and when performing administration of my employer's self-funded (and not insured) disability plans.
- I understand that The Companies and Absence Manager comply with state and federal laws and regulations enacted to protect my privacy. I also understand that the information disclosed to them pursuant to this authorization may be subject to redisclosure with my authorization or as otherwise permitted or required by law. Information retained and disclosed by The Companies and Absence Manager may not be protected under the Health Insurance Portability and Accountability Act [HIPAA].
- I understand and agree that this authorization as used to gather information shall remain in force from the date signed below:
  - For Standard Insurance Company, the duration of my claim(s) or 24 months, whichever occurs first.
  - For The Standard Life Insurance Company of New York, the duration of my claim(s) or 24 months, whichever occurs first.
  - For The Standard Benefit Administrators, the duration of my claim(s) administered by The Standard Benefit Administrators or 24 months, whichever occurs first.
  - For Absence Manager, 24 months.
- I understand and agree that The Companies and Absence Manager may share information with each other regarding my disability and leave of absence claim(s). This authorization to share information shall remain valid for 12 months from the date signed below.
- I acknowledge that I have read this authorization and the New Mexico notice on page 8. A photocopy or facsimile of this authorization is as valid as the original and will be provided to me upon request.

Name (please print) \_\_\_\_\_ Claim Number \_\_\_\_\_

Signature of Claimant/Representative \_\_\_\_\_ Date \_\_\_\_\_

If signature is provided by legal representative (e.g., Attorney in Fact, guardian or conservator), please attach documentation of legal status.

## **Authorization to Obtain and Release Information**

Employer/Policyholder Name **WA Health Care Authority - Public Employees Benefits Board (PEBB) Program** Group Policy Number **377661**

Standard Insurance Company is a licensed insurance company in all states except New York. The Standard Life Insurance Company of New York is an insurance company licensed only in New York. An absence manager may be hired by your employer and may be one of The Companies.

### **FOR RESIDENTS OF NEW MEXICO**

The state of New Mexico requires Standard Insurance Company to provide you with the following information pursuant to its Domestic Abuse Insurance Protection Act.

The Authorization form allows Standard Insurance Company to obtain personal information as it determines your eligibility for insurance benefits. The information obtained from you and from other sources may include confidential abuse information. "Confidential abuse information" means information about acts of domestic abuse or abuse status, the work or home address or telephone number of a victim of domestic abuse or the status of an applicant or insured as a family member, employer or associate of a victim of domestic abuse or a person with whom an applicant or insured is known to have a direct, close personal, family or abuse-related counseling relationship. With respect to confidential abuse information, you may revoke this authorization in writing, effective ten days after receipt by Standard Insurance Company, understanding that doing so may result in a claim being denied or may adversely affect a pending insurance action.

Standard Insurance Company is prohibited by law from using abuse status as a basis for denying, refusing to issue, renew or reissue or canceling or otherwise terminating a policy, restricting or excluding coverage or benefits of a policy or charging a higher premium for a policy.

Upon written request you have the right to review your confidential abuse information obtained by Standard Insurance Company. Within 30 business days of receiving the request, Standard Insurance Company will mail you a copy of the information pertaining to you. After you have reviewed the information, you may request that we correct, amend or delete any confidential abuse information which you believe is incorrect. Standard Insurance Company will carefully review your request and make changes when justified. If you would like more information about this right or our information practices, a full notice can be obtained by writing to us.

If you wish to be a protected person (a victim of domestic abuse who has notified Standard Insurance Company that you are or have been a victim of domestic abuse) and participate in Standard Insurance Company's location information confidentiality program, your request should be sent to Standard Insurance Company.



## Authorization to Obtain and Release Psychotherapy Notes

Employer/Policyholder Name WA Health Care Authority - Public Employees Benefits Board (PEBB) Program Group Policy Number 377661

**I AUTHORIZE THESE PERSONS** having any records or knowledge of me or my health:

- Any physician, medical practitioner or health care provider.
- Any hospital, clinic, pharmacy or other medical or medically related facility or association.
- Kaiser Permanente.
- Any insurance company.
- Any organization or entity administering a benefit or leave program (including statutory benefits)
- Any government agency (*for example, Social Security Administration, Public Retirement System, Railroad Retirement Board, Workers' Compensation Board, etc.*).

**TO GIVE THIS INFORMATION:**

- Notes recorded by a health care provider who is a mental health professional documenting or analyzing the contents of conversation(s) during a private counseling session or a group, joint, or family counseling session and that are separated from the rest of my medical record.

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- I acknowledge that any agreements I have made to restrict my protected health information do not apply to this authorization and I instruct the persons and organizations identified above to release and disclose my entire medical record without restriction.
- I understand that each of The Companies and Absence Manager will gather my information only if they are administering or deciding my disability or leave of absence claim(s), and will use the information to determine my eligibility or entitlement for benefits or leave of absence.
- I understand that I have the right to refuse to sign this authorization and a right to revoke this authorization at any time by sending a written statement to The Companies and Absence Manager, except to the extent the authorization has been relied upon to disclose requested records. A revocation of the authorization, or the failure to sign the authorization, may impair The Companies and Absence Manager's ability to evaluate or process my claim(s), and may be a basis for denying or closing my claim(s) for benefits or leave of absence.
- I understand that in the course of conducting its business The Companies and Absence Manager may disclose to other parties information about me. They may release information to a reinsurer, a plan administrator, plan sponsor, or any person performing business or legal services for them in connection with my claim(s). I understand that The Companies and Absence Manager will release information to my employer necessary for absence management, for return to work and accommodation discussions, and when performing administration of my employer's self-funded (and not insured) disability plans.
- I understand that The Companies and Absence Manager comply with state and federal laws and regulations enacted to protect my privacy. I also understand that the information disclosed to them pursuant to this authorization may be subject to redisclosure with my authorization or as otherwise permitted or required by law. Information retained and disclosed by The Companies and Absence Manager may not be protected under the Health Insurance Portability and Accountability Act [HIPAA].
- I understand and agree that this authorization as used to gather information shall remain in force from the date signed below:
  - For Standard Insurance Company, the duration of my claim(s) or 24 months, whichever occurs first.
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  - For The Standard Benefit Administrators, the duration of my claim(s) administered by The Standard Benefit Administrators or 24 months, whichever occurs first.
  - For Absence Manager, 24 months.
- I understand and agree that The Companies and Absence Manager may share information with each other regarding my disability and leave of absence claim(s). This authorization to share information shall remain valid for 12 months from the date signed below.
- I acknowledge that I have read this authorization and the New Mexico notice on page 10. A photocopy or facsimile of this authorization is as valid as the original and will be provided to me upon request.

Name (please print) \_\_\_\_\_ Social Security No. \_\_\_\_\_

Claim Number \_\_\_\_\_

Signature of Claimant/Representative \_\_\_\_\_ Date \_\_\_\_\_

If signature is provided by legal representative (e.g., Attorney in Fact, guardian or conservator), please attach documentation of legal status.

## Authorization to Obtain and Release Psychotherapy Notes

Employer/Policyholder Name WA Health Care Authority - Public Employees Benefits Board (PEBB) Program Group Policy Number 377661

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The Authorization form allows Standard Insurance Company to obtain personal information as it determines your eligibility for insurance benefits. The information obtained from you and from other sources may include confidential abuse information. "Confidential abuse information" means information about acts of domestic abuse or abuse status, the work or home address or telephone number of a victim of domestic abuse or the status of an applicant or insured as a family member, employer or associate of a victim of domestic abuse or a person with whom an applicant or insured is known to have a direct, close personal, family or abuse-related counseling relationship. With respect to confidential abuse information, you may revoke this authorization in writing, effective ten days after receipt by Standard Insurance Company, understanding that doing so may result in a claim being denied or may adversely affect a pending insurance action.

Standard Insurance Company is prohibited by law from using abuse status as a basis for denying, refusing to issue, renew or reissue or canceling or otherwise terminating a policy, restricting or excluding coverage or benefits of a policy or charging a higher premium for a policy.

Upon written request you have the right to review your confidential abuse information obtained by Standard Insurance Company. Within 30 business days of receiving the request, Standard Insurance Company will mail you a copy of the information pertaining to you. After you have reviewed the information, you may request that we correct, amend or delete any confidential abuse information which you believe is incorrect. Standard Insurance Company will carefully review your request and make changes when justified. If you would like more information about this right or our information practices, a full notice can be obtained by writing to us.

If you wish to be a protected person (a victim of domestic abuse who has notified Standard Insurance Company that you are or have been a victim of domestic abuse) and participate in Standard Insurance Company's location information confidentiality program, your request should be sent to Standard Insurance Company.

**Part A. To Be Completed By Patient**

Full Name \_\_\_\_\_ Social Security No. \_\_\_\_\_  
 Other Names Used \_\_\_\_\_  
 Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_  
 Phone No. ( \_\_\_\_\_ ) \_\_\_\_\_ Birthdate \_\_\_\_\_ Patient No. \_\_\_\_\_  
 Occupation \_\_\_\_\_ Employer **WA Health Care Authority**  
**Public Employees Benefits Board (PEBB) Program** Group Policy No. **377661**  
 I returned to work: Date \_\_\_\_\_ I expect to return to work: Date \_\_\_\_\_

**Part B. To Be Completed By Physician**

*The purpose of this form is to help us determine whether the clinical condition of your patient is disabling. We need documentation of functional impairment. Please include laboratory data and results of special tests (X-rays, CAT scan, EKG, etc.). Please attach copies of any pertinent surgical reports, hospital admitting history, physician discharge summaries, chart notes, and narrative reports.*

*The patient is responsible for the completion of this form without expense to The Standard. Forms may be returned for unanswered questions.*

**1. Information**

Primary Diagnosis: ICD Code ( \_\_\_\_\_ ) \_\_\_\_\_  
 Secondary Diagnosis: ICD Code ( \_\_\_\_\_ ) \_\_\_\_\_  
 Other diagnoses and ICD Codes related to this claim. \_\_\_\_\_  
 Symptoms \_\_\_\_\_  
 Patient's Height \_\_\_\_\_ Weight \_\_\_\_\_ BP \_\_\_\_\_ Right Arm \_\_\_\_\_ BP \_\_\_\_\_ Left Arm \_\_\_\_\_ Pulse \_\_\_\_\_ Radial \_\_\_\_\_  
 Is condition primarily related to:  
 a. Patient's Employment  Yes  No Dominant Hand  Left  Right  
 b. Mental Disorder  Yes  No  
 c. Alcohol or Drug Condition  Yes  No  
 d. Pregnancy  Yes  No Expected Delivery Date \_\_\_\_\_  
 Para \_\_\_\_\_ Gravida \_\_\_\_\_ Actual Delivery Date \_\_\_\_\_  
 Complications \_\_\_\_\_  Vaginal  Caesarean Section

**2. History**

If patient was referred to you, indicate by whom \_\_\_\_\_  
 Has patient ever had same or similar condition?  Yes  No  
 If yes, indicate when \_\_\_\_\_ Describe \_\_\_\_\_  
 Do, or have, other conditions contributed to this condition?  Yes  No  
 If yes, please explain \_\_\_\_\_  
 Date patient first consulted you for **this** condition \_\_\_\_\_ For **any** condition \_\_\_\_\_  
 Dates of subsequent treatment \_\_\_\_\_  
 Date of most recent visit \_\_\_\_\_  
 Was the patient hospitalized?  Yes  No If yes,  Inpatient  Outpatient Date Admitted \_\_\_\_\_ Date Discharged \_\_\_\_\_  
 Admitting Diagnosis \_\_\_\_\_ Discharge Diagnosis \_\_\_\_\_  
 Name of Hospital \_\_\_\_\_  
 Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Employee's Name \_\_\_\_\_

**3. Assessment**

Date you recommended patient should stop working \_\_\_\_\_ Why? \_\_\_\_\_

Describe the patient's physical, mental and cognitive limitations and work activity limitations \_\_\_\_\_

How long from today's date will the described limitations impair the patient? \_\_\_\_\_

Is the patient competent to manage insurance benefits?  Yes  No  
If no, is the patient competent to appoint someone to help manage the insurance benefits?  Yes  No

**4. Treatment**

Planned course of treatment. *Please include expected duration, surgeries, therapy, etc.* \_\_\_\_\_

Medications prescribed: dosage, frequency and date of prescription(s). \_\_\_\_\_

List other treating or referring physicians. *Continue on separate page, if necessary.*

Name		Address		
1.				
Phone No.	( )	City	State	ZIP
2.				
Phone No.	( )	City	State	ZIP

What reasonable work or job site modifications could the employer make to assist the individual to return to work? *Please specify.*

Assessment and treatment are complicated by:

Malingering

Significant emotional or behavioral disorder such as:  Depression  Anxiety *Check pertinent areas.*

Exaggeration, inconsistent findings, subjective complaints out of proportion to objective findings, bizarre or contradictory observations.

Dependence on drugs/medication. *Please specify.* \_\_\_\_\_

Other *Please describe.* \_\_\_\_\_

**5. Prognosis**

Describe patient's condition since onset of symptoms:  Recovered  Improved  Unchanged  Regressed

When do you expect a fundamental or marked change in patient's condition?  Never  Condition expected to regress  Condition expected to improve

State anticipated date \_\_\_\_\_ or, Unable to determine, follow up in \_\_\_\_\_ months

When do you anticipate the patient can return to work? State anticipated date \_\_\_\_\_ or, Unable to determine, because of \_\_\_\_\_

\_\_\_\_\_ follow up in \_\_\_\_\_ months

Remarks \_\_\_\_\_

**6. Acknowledgement**

I hereby certify that the answers I have made to the foregoing questions are both complete and true to the best of my knowledge and belief. I acknowledge that I have read the applicable fraud notice on page 13 of this form.

Physician's Signature \_\_\_\_\_ Date \_\_\_\_\_

Physician's Name (Please Print) \_\_\_\_\_ Specialty \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Physician's Taxpayer ID No. \_\_\_\_\_ Phone No. ( ) \_\_\_\_\_ Fax No. ( ) \_\_\_\_\_

Return to Standard Insurance Company at the address above.

Some states require us to provide the following information to you:

**ALABAMA, MARYLAND AND RHODE ISLAND RESIDENTS**

Any person who knowingly or willfully presents a false or fraudulent claim for payment of a loss or benefit or who knowingly or willfully presents false information in an application for insurance is guilty of a crime and may be subject to fines and confinement in prison.

**CALIFORNIA RESIDENTS**

For your protection, California law requires the following to appear on this form: Any person who knowingly presents a false or fraudulent claim for the payment of a loss is guilty of a crime and may be subject to fines and confinement in state prison.

**COLORADO RESIDENTS**

It is unlawful to knowingly provide false, incomplete or misleading facts or information to an insurance company for the purpose of defrauding or attempting to defraud the company. Penalties may include imprisonment, fines, denial of insurance, and civil damages. Any insurance company or agent of an insurance company who knowingly provides false, incomplete, or misleading facts or information to the policyholder or claimant for the purpose of defrauding or attempting to defraud the policyholder or claimant with regard to a settlement or award payable from insurance proceeds shall be reported to the Colorado division of insurance within the department of regulatory agencies.

**DISTRICT OF COLUMBIA RESIDENTS**

**WARNING:** It is a crime to provide false or misleading information to an insurer for the purpose of defrauding the insurer or any other person. Penalties include imprisonment and/or fines. In addition, an insurer may deny insurance benefits, if false information materially related to a claim was provided by the applicant.

**FLORIDA RESIDENTS**

Any person who knowingly and with intent to injure, defraud or deceive an insurance company, files a statement of claim or an application containing false, incomplete or misleading information is guilty of a felony of the third degree.

**NEW JERSEY RESIDENTS**

Any person who knowingly files a statement of claim containing any false or misleading information is subject to criminal and civil penalties.

**NEW YORK RESIDENTS**

Any person who knowingly and with intent to defraud any insurance company or other person files an application for insurance or statement of claim, containing any materially false information, or conceals for the purpose of misleading, information concerning any fact material thereto, commits a fraudulent insurance act, which is a crime, and shall also be subject to civil penalty not to exceed five thousand dollars and the stated value of the claim for each such violation.

**PENNSYLVANIA RESIDENTS**

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**ALL OTHER RESIDENTS**

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Standard Insurance Company

Employee Benefits Department 800.368.2860 Tel 971.321.8400 Fax  
 PO Box 2800 Portland OR 97208

WA Health Care Authority  
 Public Employees Benefits Board (PEBB) Program  
 Long Term Disability Insurance  
 Employer's Statement

**1. Employee**

Name of Employee: \_\_\_\_\_ Social Security No.: \_\_\_\_\_ Phone No.: ( \_\_\_\_\_ ) \_\_\_\_\_  
 Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_  
 Job Title (please attach a copy of job description): \_\_\_\_\_ Date Employed: \_\_\_\_\_  
 If applicable please give job classification: \_\_\_\_\_  
 Higher Ed. Retirement Plan Member  Other Covered Member  
 Employee's work location (agency/institution): \_\_\_\_\_

**2. Information**

Date employee's LTD coverage became effective:  Employer-Paid Plan \_\_\_\_\_  Employee-Paid 60% Plan \_\_\_\_\_  Employee-Paid 50% Plan \_\_\_\_\_  
 Work Location: Address \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_  
 Was employee given a Certificate of Insurance/Long Term Disability Plan booklet?  Yes  No  Don't Know  
 Was employee insured under previous LTD carrier?  Yes  No  Effective Date \_\_\_\_\_  
 Employee's Medical Insurance carrier \_\_\_\_\_  
 Phone No. ( \_\_\_\_\_ ) \_\_\_\_\_ Effective date for medical insurance \_\_\_\_\_  
 Employee's status on date disability commenced:  
 Actively at Work?  Yes  No If no, reason \_\_\_\_\_ Number of hours worked per week \_\_\_\_\_  
 Last day of work before disability commenced \_\_\_\_\_  Exempt or  Non-Exempt  Union or  Non-Union  
 Number of hours worked this day \_\_\_\_\_ Date employee returned to work after disability ended \_\_\_\_\_  
 Have you considered allowing the claimant to work in another occupation, or modify or alter the job duties of the claimant's occupation, how the job is done (i.e., work schedule), or worksite?  Yes  No If yes, what alternatives were offered to the claimant?  
 \_\_\_\_\_  
 Does the employee participate in your formal retirement plan?  Yes  No Is the plan a qualified plan?  Yes  No  
 Is the employee eligible but not participating in your formal retirement plan?  Yes  No  
 Is the formal retirement plan carrier TIAA-CREF, Fidelity, or another carrier? *Please provide name, phone number and address of contact person.* \_\_\_\_\_  
 \_\_\_\_\_  
 What is the employee's year-to-date retirement plan contribution? \$ \_\_\_\_\_  
 Are the employee's contributions vested?  Yes  No  
 Is disability caused or contributed to by employment?  Yes  No  Undetermined  
 Has employee filed a Workers' Compensation claim?  Yes  No  Don't Know  
 Workers' Compensation Carrier Name \_\_\_\_\_ Claim No. \_\_\_\_\_ Date of Injury \_\_\_\_\_  
 Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_  
 Phone No. ( \_\_\_\_\_ ) \_\_\_\_\_ Person to contact \_\_\_\_\_  
 Is employment now terminated?  Yes  No Is employment scheduled for termination?  Yes  No  
 Reason \_\_\_\_\_ Date of termination \_\_\_\_\_

**3. Salary at Time of Disability Please check only one box.**

Basic Monthly Earnings Monthly Rate \$ \_\_\_\_\_  Basic Weekly Earnings Weekly Rate \$ \_\_\_\_\_  
 Basic Yearly Earnings Annual Rate \$ \_\_\_\_\_  Basic Hourly Earnings Hourly Rate \$ \_\_\_\_\_  
 Basic Contract Earnings Contract Amount \$ \_\_\_\_\_ Length of Contract \_\_\_\_\_  
 Date of last increase \_\_\_\_\_ Earnings prior to increase \$ \_\_\_\_\_ per \_\_\_\_\_ Effective date \_\_\_\_\_

**4. Compensation for Period After Disability**

Type	Last date through which paid or payable	Amount / Rate
Sick Pay/Salary Continuation		
Paid Time Off (PTO)		
Wages/salary, earned after disability		
Vacation Annual Pay		
Salary Continuation after PTO		

**5. Deductible Income/Benefits From Other Sources**

Is employee covered by or now receiving benefits from the following?	Covered		Receiving			Date of Application	Amount		Effective Date
	Yes	No	Yes	No	Don't Know		Weekly	Monthly	
a. Social Security	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>				
b. Labor & Industries Claim No. _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>				
c. Retirement of Pension (pers, WSTRS) <i>Please specify</i> _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>				
d. Higher Education Retirement Plan <i>Account No.</i> _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>				
e. TIAA/CREF % Employer Contributions _____ %	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>				
f. Fidelity	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>				
g. Washington State Paid Family and Medical Leave	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>				
h. Other _____ (e.g. unemployment or union benefits)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>				

**6. Tax Information**

Employer's Federal Tax I.D. Number \_\_\_\_\_

Is this employee subject to: Social Security taxes?  Yes  No  
 Railroad Tier 1 taxes?  Yes  No  
 State Disability taxes?  Yes  No

Medicare taxes?  Yes  No  
 Tier 1 Medicare taxes?  Yes  No  
 Unemployment Compensation taxes?  Yes  No

If subject to Social Security taxes what are the employee's year to date Social Security wages? \_\_\_\_\_

Does this employee pay all or a portion of the premium for LTD insurance coverage?  Yes  No

**7. Attachments**

**Please attach copies of the following:**

a. Job Description  
 b. Employment Application or Resume  
 c. Enrollment or Election Form for Long Term Disability Insurance  
 d. Income From Other Sources (Deductible Benefits) Documents  
 (Social Security, Workers Compensation, PERS, Fidelity, TIAA/CREF, WSTRS, etc.)

**8. Employer Representative Completing This Form**

Employer **WA Health Care Authority - Public Employees Benefits Board (PEBB) Program** Phone No. \_\_\_\_\_ Policy Number **377661**

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Email \_\_\_\_\_

**Acknowledgement**  
 I hereby certify that the answers I have made to the foregoing questions are both complete and true to the best of my knowledge and belief. I acknowledge that I have read the applicable fraud notice on page 16 of this form.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Prepared by \_\_\_\_\_ Title \_\_\_\_\_

Phone No. ( \_\_\_\_\_ ) \_\_\_\_\_ Fax No. ( \_\_\_\_\_ ) \_\_\_\_\_

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