



# Your Dental Health Matters

## Group Dental Insurance



### What's a smart way to look after your health?

Taking care of your dental health. Group Dental insurance from Standard Insurance Company (The Standard<sup>®</sup>) can make it easier to care for your teeth — and your overall health.

There's evidence linking poor oral health to a number of medical conditions, including:

- People with periodontal disease are almost twice as likely to have heart disease.<sup>1</sup>
- Periodontal disease may increase risk of respiratory disease including COPD.<sup>2</sup>

### Help Keeping Your Costs Down

The cost of dental care is constantly rising. But Dental insurance can help lower the expense of caring for your teeth.

### Dental Costs Compared<sup>3</sup>

**One surface amalgam filling:** \$69 with insurance / \$212 without (67% savings)

**Molar root canal:** \$551 with insurance / \$1,550 without (64% savings)

**Porcelain crown with gold:** \$692 with insurance / \$1,619 without (57% savings)

## Dental health impacts your overall health.

Contact your human resources representative to learn how to apply for Dental insurance.

1 Mathews MJ, Mathews EH, Mathews GE. Oral health and coronary heart disease, BMC Oral Health. 2016;16(1):122. Published online November 15, 2016. doi: 10.1186/s12903-016-0316-7.

2 Is COPD associated with periodontal disease? A population-based study in Spain, International Journal of Chronic Obstructive Pulmonary Disease, October 2018, 3: 3435–3445.

3 Cost comparison of common dental procedures with and without insurance (Source: Ameritas Area Fee Lookup tool; based on average fees in 60661 as of Jan 1, 2019)

Policies with The Standard have exclusions, limitations, reduction of benefits, and terms under which a policy may be continued in force or terminated. Please contact The Standard for additional information, including costs and complete details of coverage.

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